

Tell your Story

A Youth Exchange on Climate Change and Storytelling.

2026-1-DE04-KA152-YOU-000399922

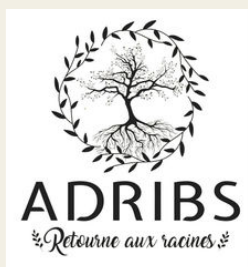


An Erasmus+
Youth Exchange

**18.10.2026 to
31.10.2026**

Berlin, Germany

Participant Infopack



Co-funded by
the European Union

Table of content

- 1.About the Project
- 2.Our Group
- 3.The Goals of the Project
- 4.What will we do?
- 5.Our Programme
- 6.Cultural Nights
- 7.This project is for you if...
- 8.Requirements to participate
- 9.Accommodation and Food
- 10.Costs and Travel
- 11.Health and Insurance
- 12.Youthpass
- 13.Packing List
- 14.Cancellation Policy
- 15.Contact Information



About the Project

How can we talk about climate change in a way that people understand, remember and feel inspired by?

“**Tell your Story**” is an international Erasmus+ Youth Exchange for young people from **Germany, France and Türkiye**. From **18 October to 31 October 2026**, we will spend 14 days together in Berlin to learn, exchange ideas and get creative.



During the project, you will:

- **Explore climate change** and connect it to everyday topics such as food, mobility, energy and consumption
- Take part in **storytelling** workshops and experiment with **voice, body, photography, video and audio**
- **Create your own climate story** together with other participants in an international group
- **Meet local initiatives** and share your results through exchanges in Berlin and a public closing event

No previous experience is needed. What matters most is that you are curious, open to learning and motivated to be part of an international group.

Our group will consist of...

Germany

9 Participants + 1 Group Leader

Türkiye

9 Participants + 1 Group Leader

France

9 Participants + 1 Group Leader

The Goals of the Project

With Tell your Story, we want to help you better understand climate change and feel more confident talking about it.



Together, we will:

- explore the causes and impacts of climate change and connect them to everyday life
- reflect on climate justice and different possibilities for sustainable action
- develop storytelling and creative communication skills
- strengthen confidence, teamwork and intercultural exchange



The aim is not only to learn more about climate change, but also to find creative ways to share ideas and inspire others.

What will we do?

During the Youth Exchange, we will combine climate education, creative methods and practical group work.

Climate workshops & discussions

Learn more about climate change, climate justice and fields of action such as food, mobility, energy and consumption.

Storytelling & creative skills

Try out storytelling through voice, body, visualisation, photography, video and audio.

Group projects

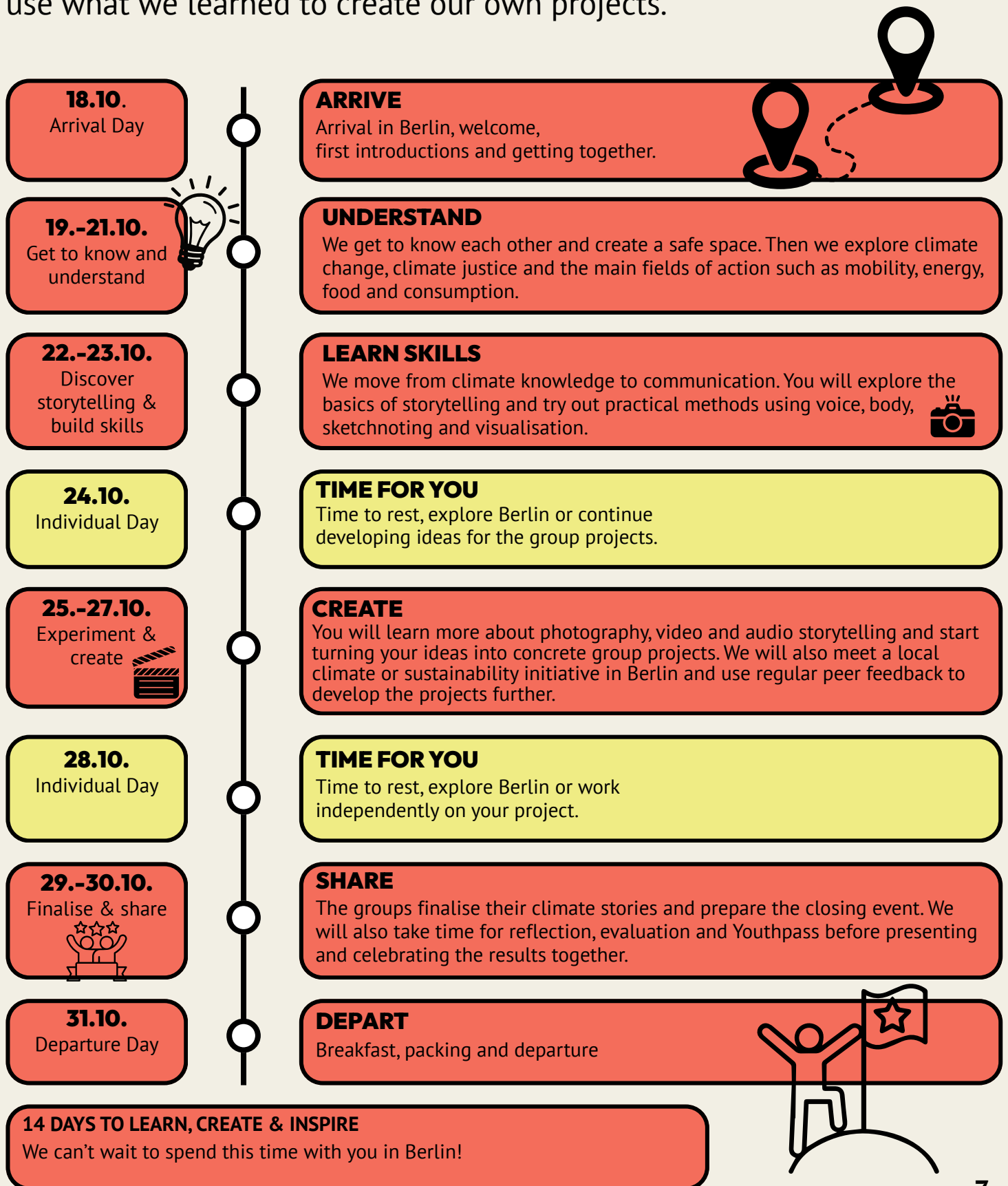
Develop your own climate story in an international team and receive feedback along the way.

Exchange & local action

Meet local initiatives in Berlin, learn from different perspectives and present your results at our closing event

Our Programme

Our programme follows a learning-by-doing approach. We will start with climate topics, move into different storytelling methods and then use what we learned to create our own projects.



Cultural Nights



During the Youth Exchange, **we will have Cultural Nights** where **each national group** can share something about the cultures, places and communities that are meaningful to them.

For your Cultural Night, **your group will prepare a simple dinner** for the whole group that can be cooked within around 2 to 3 hours. Ideally you plan your meal together and coordinate with your national group **before** coming to Berlin, as well as send your planned recipe(s) to the organisers in Germany in advance so we can organise the ingredients.



YOU CAN BRING AND SHARE



Food or snacks
from your region



Music, dances
or games



Traditions, stories
or fun facts



Anything else
you would like the
group to discover

You don't have to limit yourself to the country you are representing. Feel free to **share** traditions, languages or experiences from your family, community or **any culture that is important to you.**

Let's celebrate the diversity of our group and learn from each other!

This project is for you if...

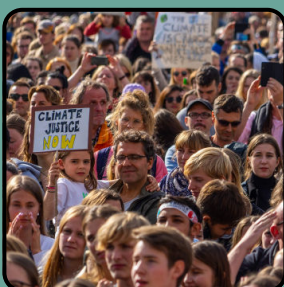
- you are 18 to 26 years old
- you live in Germany, France or Türkiye
- you are interested in climate change, sustainability and creative communication
- you are curious about storytelling, photography, video, audio or other creative methods
- you are open to intercultural exchange and working in an international group
- you are willing to take an active part in workshops, discussions and group projects
- you can speak and understand English at a conversational level



No previous experience in climate activism, storytelling or media production is needed.

Participants with disabilities or other needs

If you have specific access needs or face barriers to participation, please let us know – we will do our best to provide support and create an inclusive environment.



Some requirements if you want to join...

Taking part in the Youth Exchange also means taking responsibility for the group and the project.



DAILY TASKS

During the Youth Exchange, everyone will help with small daily tasks such as keeping shared spaces clean and supporting the group. During the Cultural Nights, each national group will also prepare dinner for everyone.



ACTIVE PARTICIPATION

You are expected to take part in the full programme from arrival to departure and to actively contribute to workshops, discussions, reflection sessions and group projects.



PREPARATION

All participants must join our joint online preparation meeting on 21 September 2026 at 18:00. Your sending organisation may also organise additional preparation meetings before the Youth Exchange.



DISSEMINATION

We want to share the results of the project beyond our group. You will be expected to contribute to dissemination during and after the Youth Exchange, for example by sharing project results or your climate stories.



FORMAL REQUIREMENTS

Health and travel insurance are required for the project. After the mobility, you will also need to complete the reimbursement process for your travel expenses and submit all required tickets, invoices and documents on time.

Accommodation and food

Where we stay



Our group will stay at the CVJM Jugendgästehaus Kaulsdorf in the east of Berlin.



CVJM Jugendgästehaus
Mädewalder Weg 65
12621 Berlin

Participants will stay in shared rooms for 4 to 6 people. We will also have a seminar room where most of our workshops, reflection sessions and group activities will take place.



Do you have any special needs?

Please let us know in the application form if there is anything we should consider regarding your accommodation, accessibility or wellbeing.

Food



The food provided during the Youth Exchange will be **vegetarian and vegan**. On programme days, we will provide **three meals per day as well as snacks**.

During the **Cultural Nights**, the national groups will prepare dinner for the whole group. On our **Individual Days**, we will also organise and cook our meals ourselves.



Allergies or special dietary needs?

Please tell us about allergies, food intolerances, religious dietary requirements or other dietary needs in the application form.

Costs and Travel

Your **accommodation, meals and programme costs** during the Youth Exchange are **fully covered** through Erasmus+ funding.

Travel budget

To be eligible for refunds, your country of departure has to be your country of residence. The refundable costs highlighted are for green travel only! The travel expenses can only be refunded, if you were present at the Youth Exchange at all days.

GERMANY

Local or national travel according to the approved Erasmus+ budget

FRANCE

Up to 417 € per person for green travel

TÜRKİYE

Up to 395 € per person

Please do not book your journey before your sending organisation has approved your route and travel costs.

Green Travel



We want to keep the environmental impact of our Youth Exchange as low as possible. Our participants from France and Germany are therefore expected to use greener travel options such as train or bus whenever possible.

If you need help planning your journey, please contact your sending organisation.

Refund of travel costs

You will normally need to pay for your tickets in advance. After the Youth Exchange, eligible travel costs will be reimbursed according to the Erasmus+ funding rules.

Please keep all tickets, invoices and travel documents. We will explain the reimbursement process and required documents before the exchange.

IMPORTANT



If this process is a barrier for you, don't hesitate to reach out – we're here to support you. If you **cannot pay for the tickets in advance, please **contact the organizer** from your country.**

Health and Insurance



Health insurance

Participants from Germany and France should bring their **European Health Insurance Card (EHIC)**.

For participants from Türkiye, appropriate health insurance valid in Germany will be arranged or clarified together with KADOK and BUNDjugend Berlin before the Youth Exchange. More detailed information will be shared with the selected participants in advance.

Travel insurance

We strongly recommend having additional travel health insurance for the duration of your journey and stay in Berlin.

Personal belongings

Please note that personal belongings such as phones, laptops, cameras and luggage are not insured through the project. You are responsible for your own property during the Youth Exchange.

Liability

We also recommend having private liability insurance in case you accidentally cause damage to property or another person.

Questions about insurance?

If you are unsure which insurance you need, please contact your sending organisation before travelling.

Youthpass

During the Youth Exchange, we will regularly take time to reflect on what you are learning and which skills you are developing.

This can include learning about climate change, storytelling and media, but also teamwork, intercultural communication, confidence and taking responsibility in a group.

At the end of the project, every participant will receive a Youthpass certificate. Youthpass is a European tool that helps you recognise and describe what you have learned through non-formal education.

During the exchange, you will:

- take part in short daily reflection activities
- identify new knowledge, skills and personal development
- connect your learning to the eight Youthpass competences
- receive your personal Youthpass certificate at the end

Youthpass can also be useful for future education, volunteering or job applications.



Packing List



This list will help you bring everything you need for the youth exchange. Feel always free to add whatever you might need for your comfort or add to the group experience.

- Passport or ID card
- European Health Insurance Card or other relevant insurance documents
- Comfortable and waterproof shoes
- Warm and waterproof clothes for autumn weather in Berlin
- Comfortable clothes for workshops and activities
- Slippers or warm socks (no shoes in the Youth Hostel!)
- Towel, toiletries and any medication you need
- Reusable water bottle and lunch box
- Earplugs and sleeping mask if useful for you
- Writing materials
- Something for your Cultural Night (you will coordinate with your national group before traveling)
- Games or a musical instrument if you would like to bring them
- Smartphone, camera or headphones if available
- Laptop if available and if you are comfortable bringing it
- any technical equipment you have and would like to use to work on your project

You do not need professional media equipment to participate.

We will let you know before the exchange if you need to bring anything else for the accommodation or specific activities.

Cancellation Policy

Participation in the Youth Exchange is a commitment to the project, the group and the partner organisations.

Once you are selected and confirm your participation, we expect you to take part in the full programme from arrival to departure.

If you need to cancel your participation, please inform your sending organisation as early as possible so that your place can be offered to another person.

Please note:

- travel tickets that have already been booked may not be refundable
- late cancellations can create additional costs for accommodation, food or other bookings
- in case of cancellation without a justified reason, you may be asked to cover non-refundable costs that have already been caused by your participation (e.g. accommodation or meals)

Of course, unexpected situations such as illness or family emergencies can happen. In this case, please contact us as soon as possible so we can find a fair solution together.

Please only confirm your participation if you are confident that you can join the complete Youth Exchange.

Contact information



We are happy to answer your questions.
Please feel free to get in touch with us!



BUNDjugend Berlin

Hosting and coordinating organisation

Anita Löffler
BUNDjugend Berlin
Erich-Weinert-Str. 82
10439 Berlin
Germany



Phone: +49 177 7879005 (WhatsApp, Signal, Telegram)



Email: anita@bundjugend-berlin.de



Website: www.bundjugend-berlin.de



For questions about the application, preparation or travel, you can also contact your national sending organisation directly.

Partner organisations



France

Association de Développement Rural International du Bas-Ségala, ADRIBS



www.adribsfrance.org



Türkiye

Karacaören Nature, Culture, Tourism, Promotion and Solidarity Association, KADOK